

Tracking Your Expenses Worksheet

Expenses	Per Month (Average)
Savings/investment	\$
Housing (mortgage or rent)	\$
Electricity	\$
Gas/heating oil	\$
Water	\$
Telephone:	
Monthly charges	\$
Long distance	\$
Internet connection	\$
Groceries	\$
Snacks/meals eaten out	\$
Transportation:	
Car payment	\$
Gas	\$
Car repairs	\$
Insurance premiums	\$
Bus fare, etc.	\$
Child care	\$
Alimony or spousal maintenance	\$
Child support or support to other family members	\$
Life insurance premiums	\$
Sub-Total Monthly Expenses	\$ _____

Continued

Expenses**Per Month (Average)**

Health insurance premiums

\$

Property or renter's insurance

\$

Doctor or dentist bills

\$

Property tax

\$

Pet care

\$

Union or professional association dues

\$

Clothing/uniforms:

Purchase cost

\$

Dry cleaning bills

\$

Donations

\$

Loan payments (not mortgage)

\$

Credit card payments

\$

Personal expenses (allowances, toiletries, etc.)

\$

Home improvements and repairs

\$

Other (cable TV, classes, cellphones, etc.)

\$

\$

\$

\$

Sub-Total (from previous page)

\$ _____

Total Monthly Expenses

\$ _____



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